## **Pinetree Community Centre**

## **Fall 2025**

## **Drop-in Schedule**

In Effect Aug. 31 to Dec. 20

## **Fitness Studio**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Zumba <sup>®</sup> 10:45 - 11:45 a.m. (Starts Oct. 12)	* <b>Zumba</b> ° 7:15 - 8:15 p.m.	*Zumba Toning® 9:30 - 10:30 a.m.		<b>*Zumba</b> ° 9:30 - 10:30 a.m.		
*Zumba Toning® 12:15 - 1:15 a.m. (Sept. 7 - Oct. 5)		<b>*Zumba</b> ® 5:30 - 6:30 p.m.				
					Scan for the most up-to-date schedule  Updated 08/21/2025	

Schedule subject to change without notice. \*Pre-registration is recommended for this program.

