




Fitness Drop-in Schedule

In effect Jan. 4 to Mar. 28

Fitness Studio

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>*Zumba® 10:45 - 11:45 a.m.</p>	<p>*Zumba® 7:15 - 8:15 p.m.</p>	<p>*Zumba Toning® 9:30 - 10:30 a.m.</p> <p>*Zumba® 5:30 - 6:30 p.m.</p>		<p>*Zumba® 9:30 - 10:30 a.m.</p>		
					<p>Scan for the most up-to-date schedule</p> 	
<p>Updated 12/08/2025</p>						

Schedule subject to change without notice. *Pre-registration is required for this program.