Lap Pool

Pool Schedule

Mundy Park Pool

Summer 2026

In Effect July 6 to September 6

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Public Swim* 11 a.m. - 2 p.m. 2 Lanes	**Lap Swim** 9 a.m. - 3 p.m. 2 Lanes	**Lap Swim** 9 - 10 a.m. 4 Lanes	**Lap Swim** 9 a.m. - 3 p.m. 2 Lanes	**Lap Swim** 9 - 10 a.m. 4 Lanes	**Lap Swim** 9 a.m. - 3 p.m. 2 Lanes	**Public Swim*** 11 a.m. - 2 p.m. 2 Lanes
Public Swim* 2:30 - 5:30 p.m. 2 Lanes	**Lap & Leisure** 3 - 4 p.m. 4 Lanes	**Lap Swim** 10 - 11 a.m. 2 Lanes	**Lap & Leisure** 3 - 4 p.m. 4 Lanes	**Lap Swim** 10 - 11 a.m. 2 Lanes	**Lap & Leisure** 3 - 4 p.m. 4 Lanes	**Public Swim*** 2:30 - 5:30 p.m. 2 Lanes
Public Swim* 6- 8:30 p.m. 2 Lanes		**Lap & Leisure** 11 a.m. - 3 p.m. 4 Lanes		**Lap & Leisure** 11 a.m. - 3 p.m. 4 Lanes		**Public Swim*** 6- 8:30 p.m. 2 Lanes
	Lap Swim 4 - 8:30 p.m. 2 Lanes	**Lap Swim** 4 - 8:30 p.m. 2 Lanes	**Lap Swim** 4 - 8:30 p.m. 2 Lanes	**Lap Swim** 4 - 8:30 p.m. 2 Lanes	**Lap Swim** 4 - 8:30 p.m. 2 Lanes	
WIBIT 11 a.m. - 5:30 p.m.						**WIBIT** 11 a.m. - 5:30 p.m.

Schedule subject to change without notice. *Pre-registration is required for this program. ** Adult participation required.

Special Information

Lap Swim
Lanes are available for length swimming (8 yrs+)

Leisure Swim
Space available for water walking and leisure swimming

Public Swim*
Pre-registration recommended; limited drop-in spots available

Facility Hours

Mon-Fri
9 a.m. - 8:30 p.m.

Sat - Sun
11 a.m. - 8:30 p.m.

Statutory Holidays
Aug. 3

Holiday Hours
9 a.m. - 8:30 p.m.

Scan for the most up-to-date schedule

Updated

07/22/2026

Leisure Pool

Pool Schedule

Mundy Park Pool

Summer 2026

In Effect July 6 to September 6

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Public Swim* 11 a.m. - 2 p.m. **Public Swim*** 2:30 - 5:30 p.m. **Public Swim*** 6- 8:30 p.m.	**Leisure & Lap** 9 - 10 a.m. 1 Lane **Leisure Swim** 10 - 11 a.m. **Leisure & Lap** 11 - 8:30 p.m. 1 Lane	**Leisure Swim** 9 - 10 a.m. **Leisure & Lap** 10 - 3:30 p.m. 1 Lane **Leisure Swim** 3:30 - 8:30 p.m.	**Leisure & Lap** 9 - 10 a.m. 1 Lane **Leisure Swim** 10 - 11 a.m. **Leisure & Lap** 11 - 8:30 p.m. 1 Lane	**Leisure Swim** 9 - 10 a.m. **Leisure & Lap** 10 - 3:30 p.m. 1 Lane **Leisure Swim** 3:30 - 8:30 p.m.	**Leisure & Lap** 9 - 10 a.m. 1 Lane **Leisure Swim** 10 - 11 a.m. **Leisure & Lap** 11 - 8:30 p.m. 1 Lane	**Public Swim*** 11 a.m. - 2 p.m. **Public Swim*** 2:30 - 5:30 p.m. **Public Swim*** 6- 8:30 p.m.

Aquafit Classes

	Shallow Water Aquafit 10 - 11 a.m. Lap Pool **Deep Water Aquafit** 11:30 a.m. - 12:30 p.m. Leisure Pool	**Deep Water Aquafit** 7 - 8 p.m. Lap Pool	***Boot Camp Aquafit*** 10 - 11 a.m. Lap Pool ***Shallow Water Aquafit*** 11:15 a.m.- 12:15 p.m. Lap Pool ***Gentle Aquafit*** 12:45 - 1:45 p.m. Leisure Pool			

Schedule subject to change without notice. *Pre-registration is required for this program. ** Adult participation required.

Special Information

Public Swim*
Pre-registration recommended; limited drop-in spots available

Aquafit Descriptions
Shallow WaterAquafit
Moderate cardio to improve muscle tone and balance.
Deep Water Aquafit
High-intensity workout for limited mobility or injury recovery.

Gentle Aquafit
Light movement for limited mobility or injury recovery.
Boot Camp Aquafit
Low-impact, high-intensity workout for muscle tone, balance, strength, and cardio

Scan for the most up-to-date schedule

Updated

07/22/2026